



Atomic Program Schedule 2020  
Fairview School Gym

		Main Focus	Younger Group Coaches 9am - 10:30am	Older Group Coaches 11am - 12:30pm
Week 1	1-Feb	Registration and T-shirts, introductions, fun	Gerod Weins	Crystal Corey
Week 2	8-Feb	Skills, drills and scrimmage	Raylene Packet	Crystal Corey
Week 3	22-Feb	Skills, drills and scrimmage	Raylene Packet	Jeff Jago
Week 4	29-Feb	Skills, drills and scrimmage	Raylene Packet	Erin Simpson
Week 5	7-Mar	Skills, drills and scrimmage	Raylene Packet	Erin Simpson
Week 6	21-Mar	Skills, drills and scrimmage	Raylene Packet	Erin Simpson
Week 7	28-Mar	Gameplay focus with skills review and scrimmage	Raylene Packet	Erin Simpson
Week 8	4-Apr	Gameplay focus with skills review and scrimmage	Raylene Packet	Erin Simpson
Week 9	18-Apr	Gameplay focus with skills review and scrimmage	Raylene Packet	Erin Simpson
Week 10	25-Apr	Final session, mini tournament	Raylene Packet	Erin Simpson

Revised February 22, 2020

**No Atomic on February 15, March 14 & April 11**

Skills - underhand passing, overhand passing, 3-hits, calling the ball, spiking  
Goal - to understand the sport, get as many ball touches as possible and have fun

For more information, please contact the Jr. SunDogs at [www.jsdvolleyball.com](http://www.jsdvolleyball.com)